

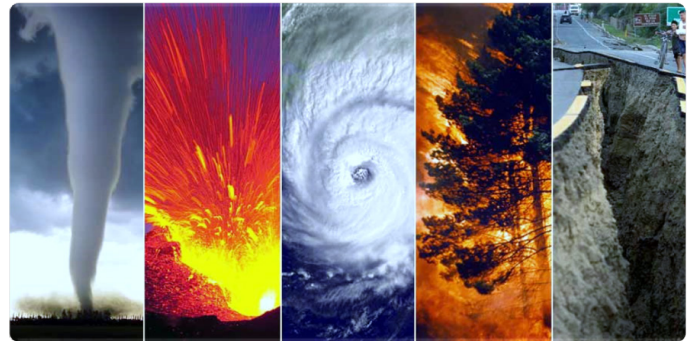
CHC EXISTS TO EMPOWER PEOPLE TO TAKE ACTION TO
IMPROVE HEALTH AND WELLBEING.



Thanks to support from Paralyzed Veterans of America, a CHC member agency, Army Sergeant First Class Sualauvi "Sua" Tuimalealiifano participated in his first-ever National Veterans Wheelchair Games with relentless passion and competitive spirit. Sua competed in quad rugby, discus, club, weightlifting and slalom. Throughout the week of the Games, his eagerness to learn and encourage alongside his fellow disabled veterans – whether injured in combat or not, was apparent.

"I was injured in combat, but veterans shouldn't feel like they had to be in order to play adaptive sports; we don't owe one person more than another," he says. "An injury comes with side blinders, which will bring you back into depression if you let it. It requires constant repetition, reminding yourself that there's hope."

CONNECTING YOU TO CHARITIES THAT IMPACT YOUR LIFE



THE IMPACT OF YOUR SUPPORT

Here are some examples of the difference your donation makes:

\$25

Covers free one-on-one support to someone facing pancreatic cancer.

\$100

Provides information and support during three crisis calls to a 24/7 Helpline for people affected by Alzheimer's.

\$250

Provides a child at St. Jude Children's Research Hospital with one chest X-ray.

PURCHASED IMAGES FROM SHUTTERSTOCK