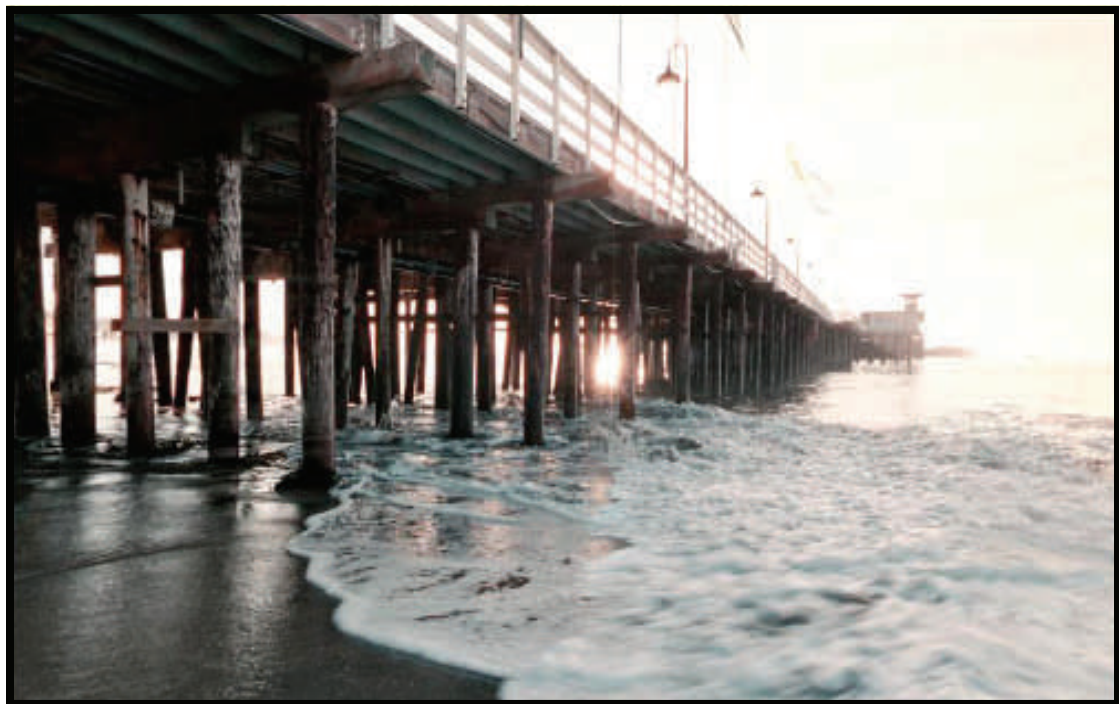




Santa Cruz County Probation
Presents



YOUR GUIDE TO INDEPENDENT LIVING





COUNTY OF SANTA CRUZ PROBATION DEPARTMENT

GIRLZPACE OF SANTA CRUZ COUNTY



A PROJECT OF THE
ANNIE E. CASEY
FOUNDATION

COUNTY OF SANTA CRUZ PROBATION DEPARTMENT

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Table of Contents



1	Important Documents	page 4
2	Emergency Services	page 13
3	Community Resources	page 17
4	Educational Services	page 23
5	Employment Resources	page 35
6	Housing Resources	page 41
7	Community Support Services	page 45
8	Health	page 50
9	Parenting and Child Care	page 52
10	Legal Assistance and Advice	page 57
11	Food and Nutrition	page 61
12	Money Matters	page 65
13	Recreation	page 68
14	LGBTQ Resources	page 72
15	Miscellaneous Information	page 75

1. IMPORTANT DOCUMENTS



Voter registration information.....	5
Obtaining an ID Card.....	6
Obtaining a Driver’s License.....	7
Birth/Death Certificates.....	8
Banking Information	9
Social Security Card.....	10

IMPORTANT DOCUMENTS

Voter Registration Information



You may register to vote in California if:

- ◆ You are a United States citizen
- ◆ You are a resident of California
- ◆ You are at least 18 years of age (or will be by the date of the next election)
- ◆ You are not in prison or on parole for a felony conviction
- ◆ You have not been judged by a court to be mentally incompetent

How do I register?

- calling your local county elections official and requesting a form and a pre-typed registration form will then be mailed to you; or
- Request a voter registration form on-line and a pre-typed registration form will be mailed to you;
http://www.sos.ca.gov/elections/elections_vr.htm
- Call toll-free voter registration hotline at 1-800-345-VOTE and requesting a form; or
- Download a voter registration form and mail to your county elections official
<http://www.sos.ca.gov/nvrc/fedform/Default.aspx>

When do I need to register?

- ◆ On or after your 18th birthday
- ◆ If you move / change residences
- ◆ Change political party
- ◆ Legally change your name

IMPORTANT DOCUMENTS

CALIFORNIA DEPARTMENT OF MOTOR VEHICLES



DMV EN ESPAÑOL

How to Apply for or Renew an Identification Card

APPLICATION PROCESS:

1.800.777.0133

DMV issues a regular ID card, which will be valid for six (6) years
Visit the nearest DMV office OR call to make an appointment

Watsonville:

90 Alta Vista Ave
Watsonville, CA 95076

Capitola:

4200 Capitola Road,
Capitola, CA 95010



Complete an application for Identification
Card, Form DL-44 (check that your address
information is correct)

Provide them with your Thumb Print

Have them take your picture

Provide them with your Social Security Number

Provide them with verification of your birth date and legal presence

Pay a \$21 application fee

Your ID Card will be mailed to you within 60 days

Information : 1.800.777.0133

RENEWAL PROCESS:

DMV can issue a renew your California ID card for \$20 Fee

Visit an office or call 1.800.777.0133 to make an appointment complete an
application, give a thumb print, have them take your picture and your ID card will be
mailed within 60 days.

IMPORTANT DOCUMENTS

CALIFORNIA DEPARTMENT OF
MOTOR VEHICLES



>> DMV EN ESPAÑOL

Getting you Driver's License for the First Time

If you are 18 years of age or older:

- ◆ Contact DMV to make an appointment for a behind the wheel and written test
on-line www.dmv.ca.gov by phone 1.800.777.0133 or in person Complete an application DL-44 form, available on-line or at the offices
- ◆ Pass a Behind-the-wheel driver's test
- ◆ Pass a 36 question written exam (sample questions available on-line or you can pick up a practice booklet at the DMV office)
- ◆ Give your right thumbprint
- ◆ Have your picture taken
- ◆ Provide original or certified copy of your birth certificate or passport
- ◆ Provide DMV with valid social security number
- ◆ Pay required fees: \$28 for original DL or \$22 for duplicate
- ◆ Pass a vision exam / eye test at the DMV office

If you are between 15 1/2 and 18 years old:

- ◆ For provisional license, you must show proof of completion of Driver's Education class
- ◆ Contact DMV to make an appointment for a behind the wheel and written test
on-line www.dmv.ca.gov by phone 1.800.777.0133 or in person
- ◆ Complete an application DL-44 form, available on-line or at the offices
Parent (s) or legal guardian MUST sign the application form
- ◆ Pass a Behind-the-wheel driver's test
- ◆ Pass a 36 question written exam (sample questions available on-line or you can pick up a practice booklet at the DMV office)
- ◆ Give your right thumbprint
- ◆ Have your picture taken
- ◆ Provide original or certified copy of your birth certificate or passport
- ◆ Provide DMV with valid social security number
- ◆ Pay required fees: \$28 for original DL or \$22 for duplicate
- ◆ Pass a vision exam / eye test at the DMV office

**If 17 1/2 years old you may get your permit without Driver's Education.
However, you must be 18 years of age to obtain your driver's license**

IMPORTANT DOCUMENTS

BIRTH AND DEATH CERTIFICATES

County of Santa Cruz Recorder
701 Ocean Room 230, Santa Cruz, CA 95061
Monday through Friday 8am - 4pm
831.454.2800



To obtain a copy of a birth certificate by coming to the County Recorder's office in person:

- Only "authorized persons" will be able to purchase a Certified Copy of their own or family Birth or Death Certificate.
- You must fill out a [form](#) prior to purchase, and indicate whether or not you are an authorized person by signing "under penalty of perjury" statement. If you are not an authorized person, you will receive a certified copy with the statement "INFORMATIONAL, NOT A VALID DOCUMENT TO ESTABLISH IDENTITY" printed across the face of the document; and you will also be required to fill out a form.

IF REQUESTING YOUR BIRTH CERTIFICATE BY MAIL:

- You will need to sign both the Sworn Statement (and sign under penalty of perjury), and have the Certificate of Acknowledgment notarized if you want a certified copy. (As an authorized person)
- All forms must be mailed to the Santa Cruz County Recorder office along with the proper fee.
- Please note the instructions for requesting an "Informational" copy. You only need to fill out the Applicant and Registrant portions, and send it with the proper fee.
- If we receive only the Applicant and Registrant portion filled out, we will keep the fee and send you an "Informational" copy.

NOTE: Only "Authorized Persons" are required to fill out the perjury and acknowledgement forms. You will receive a certified copy for your records.

IMPORTANT DOCUMENTS

Birth and Death Certificates

When you arrive at the Santa Cruz County Recorder's Office you will also need to have the following information available:

- The child's full name as stated on the birth certificate.
- The mother's full MAIDEN name.
- The father's full name.
- The child's date of birth.
- The child's place of birth.

The cost for a certified copy of a birth certificate is **\$17.00**. Payment may be cash, check or money order payable to the Santa Cruz County Recorder.

Opening a Bank Account

1. Research interest rates at your local banks and credit unions as well as some on-line banks. Find out what incentives are being offered to new account holders, and include these in your calculations. Also check to see if a minimum balance is required to avoid monthly charges. Some banks offer free checking or savings account with direct deposit from participating employers.
2. Select the bank account with the best monetary gain, taking in account the interest rate and any bonuses you'll receive. If convenience, such as a local branch or better internet services are important to you, be sure to factor them in when making the decision.
3. Fill out the application on-line or go to the nearest branch to set up your account. You will need your social security number, your contact information including a mailing address and telephone number.
4. Make a file to keep all of your information about your account, including bank account number and access information.

IMPORTANT DOCUMENTS

GETTING A SOCIAL SECURITY CARD

If you have never obtained a social security number and/or social security card follow these steps to apply:

Complete an [Application For A Social Security Card](#) (Form SS-5); and take documents which prove your U.S. citizenship, your age; and your identity as specified in the sections below.

All documents must be either originals or copies certified by the issuing agency. Photocopies or notarized copies of documents are not accepted.

Take your completed application and original documents to [your local Social Security office](#). Anyone age 12 or older requesting an original Social Security number card must appear for an interview at a Social Security office; this is not necessary for a replacement card.

Proof of Citizenship

Social Security offices will only accept certain documents as proof of U.S. citizenship. These include a U.S. birth certificate, a U.S. consular report of birth, a U.S. passport, a Certificate of naturalization or a Certificate of Citizenship.

Proof of Age

You must present your birth certificate if you have it or can easily obtain it. If not, the Social Security office will consider other documents, such as a passport as proof of age. Social Security must verify a birth record for all U.S.-born applicants of any age who apply for an original Social Security number.

IMPORTANT DOCUMENTS

Social Security

Proof of Identity

Only certain documents are accepted as proof of identity. An acceptable document must be current (not expired), it must show your name, identifying information (date of birth or age), and preferably a recent photograph.

For example, as proof of identity Social Security must see one of the following:

- A U.S. driver's license, a State-issued non-driver identification card, or a United States issued passport.

If you do not have one of the above listed documents, or you cannot get a replacement for one of them within 10 days, Social Security will ask to see other documents, such as:

- Employee ID card;
- School ID card;
- Health insurance card (not a Medicare card);
- U.S. military ID card; or
- Adoption decree.
-

On some occasions, one document may be used for two purposes. For example, your U.S. passport may be used as proof of both citizenship and identity.

However, at least two separate documents must be provided.

Your Social Security card will be mailed to you as soon as Social Security has all of your information and has verified your documents.

IMPORTANT DOCUMENTS

Social Security

Keep your Social Security card is a very important document;
store it in a safe place.

Do not carry your Social Security with you. If your card is stolen you
may be subject to identity theft.

You can replace your Social Security card for free if it is lost or stolen.
However, you are limited to three replacement cards in a year and 10 during
your lifetime. Legal name changes and other exceptions do not count toward
these limits. For example, changes in immigration status that require
card updates may not count toward these limits. Also, you may not be affected
by these limits if you can prove you need the card to prevent a significant
hardship.

LOCAL SOCIAL SECURITY OFFICE LOCATIONS

169 Walnut Avenue
Santa Cruz CA 95060

831.426.8111

Toll-Free 1.800.772.1213

180 Westgate Drive Suite 301
Watsonville, CA 95076

831.722.7141

TTY 1.800.325.0778



<http://www.ssa.gov/>



2. EMERGENCY SERVICES



Alphabetical Listing.....14

Battered and Abused Women.....15

Other Emergencies.....16

EMERGENCY SERVICES

Crisis & Emergency Telephone Numbers

SC = Santa Cruz W = Watsonville

Emergency (24 hour).....911
Police, Fire, Ambulance

Adult Protective Services
831.454.4101

American Red Cross
831.462.2881 (SC)

California Missing Children Hotline
800.222.4900

Child Protective Services
831.454.4222 (SC)
831.763.8850 (W)

Crisis Line for the Handicapped (24 hour)
800.426.4263

Defense de Mujeres
Office.....831.722.4532 (W)

Disaster Assistance Information
800.525.0321

Domestic Violence & Crisis Line (24 hour)
831.685.3737

Dominican Hospital Emergency
831.462.7719

24-hour psychiatric emergency assessment
831.462.7644

National Runaway Hotline
800.231.6946

Parental Stress Hotline/Parents Center
831.426.7322

Psychiatric Emergency Services
24 hour.....831.462.7719 (SC)

Santa Cruz County Mental Health (24 hour)
831.462.7644

Santa Cruz Police Department
831.420.5810

Santa Cruz Sheriffs Department
831.454.3333

Sexual Assault Response Team
831.462.7744

Suicide Prevention (24 hour)
831.458.5300
877.663.5433 (toll free)

Victim/Witness Center
831.454.2010

Watsonville Hospital
831.724.4741

Women's Crisis Support (24 hour bi-lingual)
Crisis Line.....831.685.3737
831.425.4030 (SC)
831.722.4532 (W)

UCSC Rape prevention Education
831.459.2721

Youth Services Crisis Hotline (24 hour)
Hotline..... 831.425.0771 (SC)
831.728.2226 (W)
For Appointment..... 831.429.8350

EMERGENCY SERVICES

Battered and Abused Women



WALNUT AVENUE WOMEN'S CENTER

303 Walnut Avenue in Santa Cruz

831.426.3062

<http://www.wawc.org/index.html>

WOMENS CRISIS SUPPORT SAFE SHELTER

406 Main Street Suite 326 in Watsonville

831.722.4532

1537 Pacific Avenue Suite 300 in Santa Cruz

831.477.4244

831.685.3737 24-Hour Crisis Line

- or -

831.M.U.J.E.R.E.S for bi-lingual support & counseling services

COMMISSION FOR THE PREVENTION OF VIOLENCE AGAINST WOMEN

323 Church Street in Santa Cruz

831.420.5363

<http://www.ci.santa-cruz.ca.us/cm/cpvaw/cpvaw.html>



EMERGENCY SERVICES

Other Emergencies

New Life Community Services

Provides services to indigent families and individuals in need of emergency transitional sheltering, re-entry services, and addiction treatment (alcohol and drug)

707 Fair Avenue, Santa Cruz

831.427.1007

Suicide Prevention Service of the Central Coast

24-hour multi-lingual crisis line, grief support, prevention, and education.

877.663.5433

Santa Cruz Consolidated Emergency Communications Center

Provides information, phone numbers, and links to local police agencies, highway patrol, fire protection districts, animal control, hospitals, shelters, public works departments, and juvenile hall.



SCCECC

495 Upper Park Road, Santa Cruz

831.471.1000

<http://www.sccecc.org/>



3. COMMUNITY RESOURCES



Disability Related Services.....18

Drug & Alcohol Abuse.....19

Counseling, Family, & Advocacy.....21

COMMUNITY RESOURCES

Disability Related Services

Department of Rehabilitation

1350 41st Avenue Suite 101 in Capitola

831.465.7100

831.465.7125 (TTY)



ACCESS *Santa Cruz County*

Resource Guide for People with Special Needs & Physical Challenges

<http://www.scaccessguide.com>



cdihp

Center for Disability Issues

<http://www.cdihp.org>

Santa Cruz County Commission on Disabilities

701 Ocean Street, Room 30 in Santa Cruz

831.454.2355



Central Coast Center for Independent Living

Capitola Office **831.462.8720**

831.462.8729 (TTY)

<http://www.cccil.org/>

Santa Cruz County Office of Emergency Services

Disaster preparedness for people with mobility problems

<http://sccounty01.co.santa-cruz.ca.us/oes/RedCross.pdf>

Special Parents Information Network

Help children with special needs by offering support, information, and resources to strengthen and empower their families and professionals who serve them

831.722.2800

COMMUNITY RESOURCES

Drug and Alcohol Abuse

Acacia Assoc. Counseling & Intervention

Intervention program for drug and alcohol abusers
(family process)

9055 Soquel Drive #E
831.476.4656

Adult Children of Alcoholics

Twelve Step and Twelve Tradition programs

www.adultchildren.org

Alcoholics Anonymous of Santa Cruz

Fellowship of men and women helping each other
achieve sobriety and stay sober.

5732 Soquel Drive
831.475.5782

ALTO Outpatient Drug Counseling

Outpatient chemical dependency program which
provides prevention, early intervention, and
treatment services.

271 Water Street
831.427.5290

Camp Outpatient Recovery Services

Intensive Outpatient Program, Pain Management/
Addiction Group, Replacement Therapy Group

215 River Street
831.425.1350

Camp Recovery Center

Private, state licensed, nationally certified chemical
dependency treatment center

3192 Glen Canyon Road
877.557.6237

Co-Dependents Anonymous

Support group for those in recovery from the disease
of co-dependency. Utilizes the Twelve Step program.

831.469.6096

Cocaine Anonymous

Fellowship of men and women helping each other
recover from their addiction.

831.475.1727

5732 Soquel Drive
831.475.5782

Dual Recovery Anonymous

Twelve step self-help program for individuals affected
with an emotional or psychiatric illness along with
chemical dependency.

740 North Plymouth #205
831.454.9620

Fenix Outpatient Drug Counseling

Outpatient drug and/or alcohol abuse treatment
services.

10 Alexander Street, Watsonville
831.722.2471

Hermanas Recovery Home

Comprehensive residential treatment targeted for
drug and alcohol abusing women.

640 Rodriguez, Watsonville
831.722.2471

Intervention and Counseling Services

Services with family and/or others available without
the alcoholic/addict present.

831.462.3271

Janus of Santa Cruz

Treatment for alcohol and chemical dependencies,
residential, day, and prenatal treatment.

200 7th Avenue #150
831.462.1060

Marijuana Anonymous

Self-help (non-religious) fellowship group.

831.427.4088

COMMUNITY RESOURCES

Drug and Alcohol Abuse

Mondanaro-Baskin Center

Residential and day treatment programs women who are either pregnant or parenting children.

1314 Ocean Street
831.423.9015

Nar-Anon of Northern California

Twelve step fellowship for the family and friends of drug addicts

www.naranoncalifornia.org/norcal

Narconon of Northern California

Residential and outpatient drug and alcohol rehabilitation services.

262 Gaffey Road, Watsonville
831.768.7190

Narcotics Anonymous of Santa Cruz

Twelve step support group for people with primary drug use problems.

831.429.7436

Providence Recovery Center

Residential treatment program

831.475.1326

Santa Cruz Community Recovery Services

Substance abuse prevention and treatment services

195 Harvey West Blvd.
831.469.1700

Santa Cruz County Alcohol & Drug Program

Information and referral

1080 Emeline Avenue
831.454.4050

Santa Cruz County Intergroup, inc.

24 hour / 7 days a week hotline for recovering alcoholics.

5732 Soquel Drive
831.475.5782

Santa Cruz Residential Recovery

Comprehensive residential treatment for drug abusing men and women.

125 Rigg Street
831.425.3890

Si Se Puede

Residential treatment targeted for drug and alcohol abusing Latino men.

161 Miles Lane, Watsonville
831.761.5422

Sobriety Works

Treating alcoholism and other drug dependencies for individuals and their families.

1658 Soquel Drive Suite B
831.476.1727

Sunflower House

See Santa Cruz Residential Recovery

125 Rigg Street
831.425.3890

Tyler House

Co-ed residential substance abuse treatment for adolescents aged 12-17.

9-C Marea Avenue
831.688.6293

For Additional Prevention Resources:



www.santacruzhealth.org/recoverywave/

COMMUNITY RESOURCES

Counseling, Family, and Advocacy

Central Coast Family Service Agency

Provides affordable, professional counseling.
104 Walnut Avenue #298 (SC)
831.423.9444
11-D Alexander (W)
831.728.9975

Community Support Services

Serving individuals who are challenged by loss, poverty, and stigma associated with a diagnosis of mental illness or experience as a foster youth.
290 Pioneer Street
831.459.0444

Diversity Center

Drop-in resource center for LGBTQ
1117 Soquel Avenue
831.425.5422

Family Mental Health Advocacy Service

Offers information, referral, and support to families of individuals who need mental health services.
300 Harvey West Blvd.
831.458.1923

Front Street, Inc.

Residential care, supported housing services, treatment programs.
303 Potrero Street #42-103
831.420.0120

Health Insurance Counseling & Advocacy

831.462.5510

Interfaith Compeer

831.459.6817

La Manzana Family Resource Center

Social services including information, referrals, and family programs
521 Main Street, Watsonville
831.724.2297
831.724.8263

Live Oak Resource Center

Social services including information, referrals, and family programs
1438 Capitola Road
831.476.7284

Mariposa Mental Health Center

Support, education, referral, and information services for families of people who have serious mental illness.
10 Carr Street, Watsonville
831.768.8132

Mountain Community Resources

Assistance accessing multi-service community resources and advocacy.
6134 Highway 9, Felton, CA
PO Box 105, Ben Lomond, CA
831.335-6600

National Alliance for the Mentally Ill SCC

831.427.8020

Patients Rights Advocacy Program

831.429.1913

PVPSA

Counseling by appointment, early intervention for all youth ages 6-17.
335 E. Lake Avenue, Watsonville
831.728.6445

PVPSA Teen Resource Center

Referrals for counseling and mental health services for adolescents aged 11-18.
294 Green Valley Road, Watsonville
831.761.6125

Paloma House

Psychotherapeutic services related to domestic violence, child sexual abuse, primary offender and family treatment.
313-B Soquel Avenue
831.423.3303

COMMUNITY RESOURCES

Counseling, Family, and Advocacy

Parents & Friends of Lesbians & Gays

Promotes health & well being, education.
849 Almar Avenue #C
831.662.4780

Rainbow Program

Counseling services for issues of LGBTQ
104 Walnut Avenue #208
831.423.9444

Renaissance Program

Help with anxiety, grief, depression, chronic and acute illness, family conflict, alcohol/drug problems, lesbian, gay, bi, and transgendered client counseling.
104 Walnut Avenue # 208
831.423.9444

Salud Para La Gente

Mental health services for the entire family.
304 Riverside Avenue, Watsonville
831.423.0222

Santa Cruz AIDS Project

Psycho-social case management, advocacy, supportive counseling, and referrals.
113 Cooper Street
831.427.3900

Santa Cruz Community Counseling Center

Provides support through four programs with services dedicated to advocacy, counseling, and education.
195 West Harvey Blvd.
831.469.1700



<http://www.sccc.org/>

Santa Cruz County Mental Health

Health services for persons with serious mental illness or severe emotional disturbance.
1400 Emeline Avenue (SC)
12 West Beach Street (W)
800.952.2335

Survivors Healing Center

Therapy groups and workshops for survivors of child sexual abuse.
2301 Mission Street
831.423.7601

Teen Center—City of Santa Cruz

Recreation activities, internet access, movies, Wii, X-Box, 360, PS2, chill space
Open Tuesday through Thursday 2-8pm
Friday—Saturday 2-10pm
www.myspace.com/santacruzteencenter/
125 Laurel Street, Santa Cruz, CA
831.420.6325

Youth Services

Adolescent and family counseling agency
709 Mission Street
831.429.8350
831.425.0771
241 East Lake Avenue, Watsonville
831.688.8856

Youth Services Community Counseling

Crisis and ongoing substance abuse counseling for youth.
831.728.2227



4. EDUCATION

Choices for Continuing Your Education.....	24
Cabrillo College.....	25
Grants & Scholarships.....	26
Federal Student Aid.....	29
California Chafee Grant.....	30
Adult Education.....	32
Public Libraries.....	34

EDUCATION

Choices for Continuing your Education

The University of California (UC) is a public university system in the state of California.

<http://www.universityofcalifornia.edu/>

The California State University (CSU) is composed of 23 campuses and has 414,000 students supported by 44,000 faculty members and staff.

<http://www.calstate.edu/>

The California Community Colleges system consists of 109 community colleges in 72 community college districts in California

<http://www.cccco.edu/>

Cabrillo College

6500 Soquel Avenue in Aptos

831.479.6267 – or —

<http://www.cabrillo.edu/services/webreg/getstart.html#new>

or contact an ILP Coordinator at 459.0444

Scotts Valley Center

104 Whispering Pines Drive in Scotts Valley

831.477.3550 – or —

<http://www.cabrillo.edu/services/scottsvally/index.html>

Academy for College Excellence

6500 Soquel Drive Rm 1001, Aptos, CA 95003

831.477.3340 fax: 831.477.3226 —or—

<http://www.cabrillo.edu/services/watsonville/index.html>



EDUCATION

Getting Started at Cabrillo College

What do I need to do?

Apply for admission and register by phone or online.

Information Needed to Register

- Social Security number or newly assigned student number
- Birth date, as in: 03/15/84
- Course number for the class (e.g. English 115—if you don't have a course schedule check the web)
- Section number for the class (e.g. 15112)
- Credit card information (or send a check within 5 days of registering)
- Indicate if you want a bus pass or parking permit (you will be able to pick it up @ *Student Services* by the Cafeteria in building 900)

REMEMBER

You are not in the class until you pay for the course fees. If you want to add another class by phone at a later time during Early Registration, you need to pay the fees for the initial class first.

You need to come to the first class meeting to keep your spot, as there may be other students on a wait list.

If you are on the wait list for a class, ask the instructor for an “add” slip at the first class meeting. If you need to drop the class, you must file a “drop” slip to avoid getting an F.

If you are taking more than 6 units, or a Math or English class, you need to schedule an Assessment after applying.



EDUCATION

Cabrillo College Financial Aid & Scholarships Office

BOARD OF GOVERNOR'S FEE WAIVER (BOG)

The Board of Governor's Enrollment Fee Waiver waives the unit enrollment fee at Community Colleges for California residents, including high school students so that the cost of enrollment is not a barrier. BOG eligibility is based on financial need and is not affected by academic progress.

HOW DO I APPLY FOR BOG ? There are two methods to apply for the BOG.

1. BOG Application Method A

You must be a recipient or a dependent of a recipient of:

- TANF/CalWORKS, SSI/SSP or General Assistance (Note: SSA or SSDI are NOT the same as SSI); or
- Dependent's fee waiver from the Department of Veteran's Affairs; or
- The Congressional Medal of Honor; or
- Dependent of a victim of the 9/11 terrorist attacks; or
- Dependent of deceased law enforcement/fire suppression personnel killed in the line of duty

2. BOG Application Method B

You must meet the income guidelines on the chart below. Dependent students must use parent's income.

Number in Household (including student)	Total Income For 2006: Adjusted Gross and/or Untaxed Income and/or Wages not reported on taxes
1	\$14,700
2	\$19,800
3	\$24,900
4	\$30,000
Add \$5,100 for each additional person.	

To obtain an Application for BOG or the Federal Student Assistance (FAFSA) application, visit the below website or visit Cabrillo College Campus Financial Aid and Scholarships Office

<http://www.cabrillo.edu/services/finaid/print/available.html>



EDUCATION

Other Grants / Scholarships Available:

Grants

Federal Pell Grant

Pell grants are based on financial need and enrollment status. Eligibility is based on the student's Estimated Family Contribution (EFC) which is determined by the Free Application for Federal Student Aid ([FAFSA](#)) and verified by the Financial Aid Office.

Annual Award: \$400 - \$4050.

Academic Competitiveness Grant (ACG)

Eligible students must be U.S. citizens, enrolled full-time, first-time college students. Pell grant recipients, and have completed a rigorous secondary school program with at least a 3.0 GPA. The ACG grant will be available beginning the 2006-07 school year to first and second year college students attending a degree granting institution. First Year Award: up to \$750; Second Year Award: up to \$1300.

Federal Supplemental Education Opportunity Grant (FSEOG)

This federal program provides limited grant funding on a first-come, first-serve basis to students who meet the March 2nd FAFSA priority filing deadline. Recipients must be eligible for a Pell Grant, enrolled in 6 or more units, and demonstrate exceptional financial need.

Average Annual Award: \$400.

Cal Grants

Cal Grants are funded by the state for California residents. They are awarded by the California Student Aid Commission ([CSAC](#)) and are based on financial need and academic merit. Students must meet the March 2nd priority filing deadline. There is an additional deadline of September 2nd for Community College students. The Cal Grant Program is comprised of Entitlement and Competitive awards. Entitlement awards are guaranteed for recent High School graduates or High School seniors who meet program eligibility requirements. Awards are offered on a competitive basis to those eligible returning Community College students who did not receive an entitlement. They are not guaranteed.

Students who are not enrolled in at least six units must request a leave of absence from the Cal Grant program. Students who would like to save their Cal Grant eligibility for use at another school or university, must request a leave of payment. Students may request a leave of absence or payment directly by calling the California Student Aid Commission at 1.888.224.7268, or by contacting the Cabrillo College Student Financial Aid and Scholarship Office, **831.479.6415**

Cabrillo College Scholarships

Scholarships are available each year for current students, enrolling high school graduates and transferring students. They are awarded annually on a competitive basis, with consideration given to academic promise, scholastic achievement, financial need and student potential.

- [Cabrillo College General Scholarships](#)
- [Cabrillo Division/Department Scholarships](#)
- [Community & Private Organization Scholarships](#)
- [Cabrillo College High School Scholarships](#)



EDUCATION

THE U.C. SANTA CRUZ RENAISSANCE SCHOLARS PROGRAM

Assisting foster youth achieve their dream of a college education

Identifies and recruits prospective college-bound foster youth in high school, community college, and university. Provides a variety of educational support services to help foster youth achieve their highest academic goals.

SERVICES OFFERED

High School Renaissance Scholars

Early Academic Planning * Camp Academic Advising * Test Preparation (SAT,ACT)
* College Application Workshops * Financial Aid Workshops * Campus Visits
* Year-round College-related Activities

Community College Renaissance Scholars

A designated community college counselor * A UC transfer advisor * UC/CSU application workshops * Financial aid and scholarship advising * Statewide university campus visits
* Year-round transfer-related activities

UCSC Renaissance Scholars

Individualized counseling and academic advising * Financial aid and scholarship advising
* Priority enrollment in courses * Orientation and academic skills workshops * Work-study and internships * Leadership opportunities and training * Year-round student activities

STARS/Academic Resources Center

University of California, Santa Cruz
1156 High Street



For more information

On the Renaissance Scholars program, admissions, the transfer process, and financial aid, call:

831.459.2424

Or

831.459.4063

EMAIL: renaissance_scholars@ucsc.edu

EDUCATION

Federal Student Aid (FSA)

Who is eligible to receive FSA?

To receive FSA, you must meet certain requirements:

- ◆ Be a US citizen or eligible non-citizen
- ◆ Have a valid social security number.
- ◆ Register with Selective Service if you are a male 18 to 25 years of age.
- ◆ Have a high school diploma , a GED certificate, or pass an examine approved by the US Department of Education.
- ◆ Be enrolled or accepted for enrollment as a regular student working toward a degree or certificate in an eligible program at a school that participates in the FSA programs.
- ◆ Not have a drug conviction for an offense that occurred while you were receiving FSA.
- ◆ You must not owe a refund on a federal grant or be in default on a federal student loan.
- ◆ You must demonstrate financial need.

Other requirements may apply. Contact your school's financial aid office for more information.

How much financial aid am I eligible to receive?

Your eligibility for aid depends on your Expected Family Contribution (EFC), your year in school, your enrollment status, and the cost of attendance at the school you will be attending. Your school's financial aid office will tell you how much you can receive.

How do I apply for aid?

Complete the Free Application for Federal Student Aid (FAFSA) and provide the required signatures.

How do I apply for aid?

- ◆ Complete the Free Application for Federal Student Aid (FAFSA) and provide the required signatures.
- ◆ Wait 3—5 days while your FAFSA is processed. You will be sent a Student Aid report (SAR).
- ◆ Check the SAR carefully. Your SAR will summarize the data you report on your FAFSA.
- ◆ Keep a copy of your SAR.
- ◆ View your Expected Family Contribution (EFC). If your FAFSA information is complete, an EFC will appear in the upper right corner of your SAR. Your EFC is based on the financial information you provide on your FAFSA.
- ◆ Check with your school. Your school will use your EFC to award your financial aid.

Completing the FAFSA

There are three ways to complete a FAFSA:

- ◆ Online (FAFSA on the Web) at www.fafsa.ed.gov (recommended)
- ◆ PDF FAFSA (download) at www.FederalStudentAid.ed.gov
- ◆ Paper FAFSA. Request a copy by calling: **1.800.4.FED.AID**



The financial aid office at the school you plan to attend is the best place to get information about federal, state, school, and other sources of financial aid.

You can also check out these resources:

www.studentaid.ed.gov or www.students.gov

EDUCATION

California Chafee Grant

What is a California Chafee Grant?

The California Chafee Grant is free money for current or former foster care youth to help pay for college or career or technical training that you don't have to pay back.

You may also be able to use your grant to pay for child care, transportation, and rent while you're in school. The Chafee Grant is federally and state funded and each year is subject to availability of funds.

Where can I use my Chafee Grant?

You can use your Chafee Grant at any eligible California school as well as schools in other states. In California, you can attend:

- Career and technical schools
- California Community Colleges
- California State University campuses
- University of California campuses
- Independent and private colleges

How do I qualify?

To qualify, you must:

- Be a current or former foster youth
- Not have reached your 22nd birthday as of July 1 of the award year
- Have financial need

How do I apply?

You must submit two forms: the Free Application for Federal Student Aid (FAFSA) and the California Chafee Grant Program Application.

- Submit the FAFSA at www.fafsa.ed.gov or download the PDF version of the FAFSA at www.federalstudentaid.ed.gov and mail it. You may also call toll free 800.433.3243 to have the paper FAFSA sent to you. (If you're an undocumented student, contact the Commission for assistance.)

- Submit the California Chafee Grant program
- Application online at www.chafee.csac.ca.gov or contact the Commission to have a paper form sent to you.

NOTE:

These forms are year-specific. Be sure to complete the applications that correspond with the academic year you'll be attending school.

What is required to receive your Chafee Grant funds?

You must:

- Enroll in an eligible career or technical school or public or private college or university
- Be enrolled at least half time
- Enroll in a program at least one academic year long
- Attend class regularly and get good grades

DON'T HAVE A SOCIAL SECURITY NUMBER?

You need a Social Security number to submit the FAFSA. If you don't have one, contact your school or the Commission for assistance.

What happens after I apply?

- The Commission will review your FAFSA and Chafee Grant applications.
- The California Department of Social Services will verify your foster youth status.
- Your school's financial aid office will determine your financial aid eligibility.
- Once all of the above is completed, the Commission will send you a letter regarding your award status.

EDUCATION

How will I get the Grant?

Your grant will be sent to the career and technical school or college where you are enrolled. Talk to your school's financial aid advisor about how the school will distribute the grant.

STAY IN SCHOOL OR LOSE YOUR GRANT!

You must stay in school to keep your Chafee Grant. If your enrollment falls below half time or if you get bad grades, you could lose your Chafee Grant money.

How do I renew my Chafee Grant?

If you receive a Chafee Grant, it may be renewed through your 23rd birthday. You'll need to submit the FAFSA again but you won't have to submit another Chafee Grant Application.

Occasionally, the Commission will contact you for updated information. Be sure to respond to letters or other forms that you may receive.

Where can I find more information about the Chafee Grant and other services for foster youth?

For more information, contact your:

- High School counselor
- College academic advisor
- College financial aid office
- County or college Independent Living Coordinator
- One-Stop Career Center
- Social worker or probation officer

You can also visit:

- www.chafee.csac.ca.gov
- www.fosteryouthhelp.ca.gov
- www.orphan.org

The following criteria are used to make Chafee Grant awards:

- Students who are renewal recipients.
- Students who are 18 years old and were in Foster Care (out of home placement)
- Students who have dependents.
- Students who have an unmet need of \$5,000 or more.
- Submission date of completed application.

How can I contact the Commission?

If you have questions about the Chafee Grant:



Visit the Commission's Chafee Grant Web site at www.chafee.csac.ca.gov



E-mail your questions to studentsupport@csac.ca.gov (enter "Attn: Chafee" in the subject line)



Call toll free 1.888.224.7268 Monday through Friday from 8:00 a.m. to 4:55 p.m.



Write or mail your Chafee Grant Application to:

California Student Aid Commission
Specialized programs Operations Branch
California Chafee Grant Program
P.O. Box 419029
Rancho Cordova, CA 95741-9029



EDUCATION

Adult Education - Santa Cruz

The mission of Santa Cruz Adult Education is to prepare a diverse population of adult learners for success in the community as problem solvers,



Class Catalog Categories

- ◆ Adult Basic Education
- ◆ Adults with Disabilities
- ◆ Arts & Crafts
- ◆ Community Education
- ◆ Computer Education
- ◆ Driver Training / Behind the Wheel
- ◆ ESL
- ◆ Health & Safety
- ◆ High School Diploma / GED
- ◆ Home Economics
- ◆ Language Arts
- ◆ Money Management
- ◆ Older Adults
- ◆ Parent Education
- ◆ Prospective Teachers & Tutors
- ◆ Vocational Education

Mail or Walk-in Registration

Santa Cruz Adult School
536 Palm Street
Santa Cruz, CA 95060



On-line Registration

There is an on-line registration fee of \$1.50 per class,
maximum \$3.00 per transaction

<http://www.adultedreg.com/santacruz/>



EDUCATION

Adult Education - Watsonville

The mission of Watsonville/Aptos Adult Education is to prepare a diverse population of adult students for success in the community.

-At work and leisure as citizens, parents, and lifelong learners



Green Valley Center
294 Green Valley Road
Watsonville, CA 95076
(831) 786-2160



**Institute of Language
and Culture**
320 Rodriguez Street
Watsonville, CA 95076
(831) 786-8225



Downtown Center
280 Main Street
Watsonville, CA 95076
(831) 728-6330

Class Catalog Categories

- ◆ Business / Financial
- ◆ Career / Technical
- ◆ CBET
- ◆ Computers
- ◆ Driver Training /Safety
- ◆ ESL
- ◆ Fine Arts
- ◆ Foreign Languages
- ◆ GED / High School Diploma
- ◆ Health & Safety
- ◆ Human Resources
- ◆ Life Long Learning
- ◆ On-line Classes
- ◆ Parent Education
- ◆ Personal Enrichment
- ◆ Physical Fitness

Mail or Walk-in Registration

Watsonville/Aptos Adult Education
Green Valley Center
294 Green Valley Road
Watsonville, CA 95076

On-line Registration

Create a new account if have never registered on-line
before: <http://www.adultedreg.com/waas/>

EDUCATION

SANTA CRUZ PUBLIC LIBRARIES

Public Library Branches:

Branciforte Branch:

230 Gault St, Santa Cruz

831.420.6330

Central Santa Cruz Branch

224 Church St, Santa Cruz

831.420.5700

Live Oak Branch

2360 Portola Dr, Santa Cruz

831.420.5359

Aptos Branch

7695 Soquel Dr, Aptos

831.420.5309

Watsonville Main Library

310 Union St, Watsonville

831.768.3400

Literacy Program—Opportunity to Read

231 Union St, Watsonville

831.768.3410

Boulder Creek Branch

13390 West Park, Boulder Creek

831.420.5319

Santa Cruz Area/Scotts Valley:

Capitola Branch

2005 Wharf Road, Capitola,

831.420.5329

Garfield Park Branch

705 Woodrow, Santa Cruz

831.420.6344

Scotts Valley Branch

230-D Mt Herman Rd,

Scotts Valley

831.420.5369

South County

La Selva Beach Branch

316 Estrella, La Selva Beach

831.420.5349

Freedom Branch

2021 Freedom Blvd, Watsonville

831.768.3420

San Lorenzo Valley

Felton Branch

6299 Gushee, Felton

831.420.5339



5. EMPLOYMENT

Agencies/Job Seeker Web Sites.....	36
Job Corps.....	38
California Conservation Corps.....	39
Job Interviewing Tips.....	40

EMPLOYMENT

SANTA CRUZ COUNTY HUMAN SERVICES DEPARTMENT

Most Programs may Include job assessment, career exploration, job search and assistance
Welfare to Work Program / Services, Workforce Investment Act (WIA)
Adult Employment Program Displaced Worker Program Youth Employment Programs

North County Offices

1040 Emeline Avenue
Santa Cruz CA, 95060
831.4564.6286

South County Offices:

18 West Beach
Watsonville, CA 95060
831-763.8700

Employment Agencies assist in gaining employment, temporary or permanent.

Kelly Employment Services

1414 Soquel #105, Santa Cruz **831.425.0653**
www.kellyservices.com

Express Employment Professionals

9000 Soquel #102, Santa Cruz **831.462.1212**
www.expresspersonnel.com

Santa Cruz Staffing

831.423.8888

Career Source Magazine

www.careersourcemagazine.com

California Government Jobs

www.calopps.org

Other Helpful Job Search Websites:

www.santacruzjobs.com
www.santacruzjobfinder.com
www.careerfinder.org
www.careerbuilder.com
www.santacruzstaffing.com
www.sc-connection.org
www.indeed.com
www.ucsc.edu/about/employment.asp
www.workforcescc.com

www.santacruzcareers.com
www.caljobs.ca.gov
www.the-local-job-finder.com
www.jobaps.com/sc
www.santacruzhelpwanted.com
www.craigslist.com
www.jobs.net
www.ci.santa-cruz.ca.us/hr/employ.html

EMPLOYMENT

YOUTH EMPLOYMENT PROGRAM—Santa Cruz County Office of Education

For Foster Youth and Probation Youth who were in out of home placement (foster care or group home, ranch camp programs) at the age of 18 years.

Youth Employment Program—Foster Care or Probation Programs

400 Encinal Ave, Santa Cruz, CA 95061

Scott Hill, Work Experience Specialist

shill@santacruz.k12.ca.us

Tel: **831.466.5708**

Fax: 831.466.5719

Job Postings on Local Community Bulletin Boards

Around the UC Santa Cruz Campus
Around the Cabrillo College Campus
New Leaf Grocery Store in Santa Cruz

Workforce Santa Cruz County One-Stop Career and Business Services

- ◆ Computerized Resource Libraries
- ◆ State-of-the-Art Computer Labs
 - ◆ Computer Classes
- ◆ Internet Access to Job Banks
 - ◆ Labor Market Information
 - ◆ Career Counseling
- ◆ Individualized Training Packages
 - ◆ Job Search Assistance
- ◆ Resume and Interview Preparation
- ◆ Free Phone, Fax, and Copy Services
- ◆ Customized Training for Business
 - ◆ Free Job Postings
 - ◆ Employee Recruitment
 - ◆ Applicant Screening

Capitola Career Center

2045 40th Avenue
Job Seeker's Services: **831.464.6286**
Business Services: 831.464.5627
TDD / TTY Services: 831.464.4358
Fax Number: 831.475.1557

Watsonville Career Center

18 West Beach Street
Job Seeker's Services: **831.763.8700**
Business Services: 831.763.8773
TDD / TTY Services: 831.454.2123
Fax Number: 831.763.8789

EMPLOYMENT

JOB CORPS

Check out what Job Corps has to offer. Young adults, ages 16 through 24, get a chance to finish school, learn a business or trade, and get a good job. At Job Corps, students learn all about pride and independence.

For more than 30 years Job Corps students have trained for work in many different occupations. Most students go on to rewarding entry-level jobs, successful careers in the armed services, or on to college. Whatever the goals, Job Corps students live in a safe place and learn to get ahead.

While in training, most students live on campuses located across the county. Job Corps staff help students gain academic skills, job training, and social skills needed to be successful. The only cost to you is the time and effort needed to complete the program!

To encourage full participation in the program, Job Corps offers comprehensive services for each student. Each eligible applicant receives a full scholarship - the only investment a young person needs to make is full commitment to their own independence and success.

Who can apply for Job Corps

To be eligible for the program, a youth must be:

- ◆ 16 and not yet 25 years of age
- ◆ a U.S. citizen or legal resident
- ◆ low-income
- ◆ in need of job training

Benefits include:

- ◆ Vocational & social skills training
- ◆ GED or High School diploma
- ◆ English as a second language instruction
- ◆ Room and board
- ◆ Non-residential option for nearby youth
- ◆ Child care service for non-residential students
- ◆ Counseling services
- ◆ Dental and medical care
- ◆ Recreational opportunities
- ◆ Student leadership activities
- ◆ Cultural awareness activities
- ◆ Advanced training & college programs
- ◆ Work experience programs
- ◆ Job readiness curriculum
- ◆ Vocational community enhancement projects
- ◆ Job placement assistance
- ◆ Post-graduation support services

To locate the nearest Job Corps admissions office, call 1.800.937.3274

Spanish-speaking operators are available.

EMPLOYMENT



CALIFORNIA CONSERVATION CORPS

<http://www.ccc.ca.gov>
1.800.952.5627

Applicant Requirements—Program is One Year

- ◆ 18-25 years of age
- ◆ Pass physical exam
- ◆ Pass fingerprinting process
- ◆ Not be on Probation or Parole
- ◆ Willingness to accept responsibility
- ◆ Must be able to get along well with people different from you

How much money do I get paid?

- ◆ \$8.00 per hour to start
- ◆ Bonuses available when eligible
- ◆ Crew leaders and Specialists earn extra pay
- ◆ \$300 per month is deducted from your pay for room/board (at residential centers)

To Apply, contact a recruiter:

Monterey Branch CCC,
Phara Meng
175 Green Valley Road,
Watsonville, CA 95076
831.768.0150 X208
phara.meng@ccc.ca.gov
or
recruit@ccc.ca.gov

EMPLOYMENT



HOW TO HANDLE THE JOB INTERVIEW

Tips to help to get a job and **keep it!**

BE PREPARED! Be ready to provide employers with necessary information upon request: phone numbers, address, etc.

ARRANGE TRANSPORTATION! Give yourself plenty of time to get to the interview. Also, be prepared to assure the interviewer that you have reliable transportation if given the job.

BE ON TIME! Make sure you know where to go ahead of time and what person to ask for when you arrive.



you
time

GO ALONE! It shows independence and self-confidence to arrive at the interview by yourself. Bringing a friend or family member will cause the employer to doubt your maturity.



DRESS APPROPRIATELY!

First impressions are important! Be sure your clothes are neat, clean, and suitable for the job you'll be doing. Don't chew gum during, or smoke right before the interview.

KEEP CALM! Do this by preparing yourself mentally for your interview. Interviewers commonly ask about past jobs, school, health, interests, and why you want the job. Consider how you will answer beforehand.

SAY "THANK YOU"!

As you leave, make a simple statement such as "Thank you for your time" or "I enjoyed talking with you". This lets the interviewer know you appreciate the opportunity to apply for the job whether you get it or not.

FILL OUT FORMS NEATLY & COMPLETELY!

Use ink and show your ability to follow directions by giving clear, accurate answers.

WATCH YOUR BODY LANGUAGE!

Stand tall and sit up straight so the interviewer is convinced that you are alert and interested.



SPEAK CLEARLY! Don't allow shyness or nervousness to cause you to mumble or avoid eye contact. Aim for a direct, positive manner of communicating.

SMILE! A cheerful personality will show the interviewer that you like to be on friendly terms with others.

SHOW YOUR INTEREST IN THE JOB!

Find out as much as you can about the job before the interview and ask questions about it to show your enthusiasm.

DESCRIBE YOUR SKILLS!



Think about what you have to offer as an employee and show your willingness to talk about it. Employers are interested in previous work experience, communication skills, reliability, good attendance, ability to work under supervision and with others, and eagerness to really work and learn.



6. HOUSING

Transitional Housing & Shelters.....42

General Assistance.....44

HOUSING

Transitional Housing and Shelters

Organization

Eligibility / Fees

Hours

Transitional Housing of Santa Cruz County
210 High Street Room 105
831.458.7124

Homeless families or families at risk for homelessness / free

Monday - Friday
8:00 am - 5:00 pm

New Life Community Services
707 Fair Avenue
831.427.1007

Emergency sheltering for families, sheltering for families in transition, sheltering for battered women / sliding scale which starts at \$18 per day

Monday - Sunday
7:30 am - 11:00 pm

Page Smith Community House, Homeless Service Center
115 Coral Street
831.458.6020

Emergency and transitional services to homeless individuals and families / board & room = 30% of monthly income

Monday - Friday
9:00 am - 5:00 pm

Pajaro Valley Shelter Services
115 Brennan Street, Watsonville
831.728.5649

Homeless families with a desire to gain economic sufficiency / donation encouraged, rent various for transitional housing

Monday - Friday
8:30 am - 5:00 pm

St. Francis Kitchen
205 Mora Street
831.459.6712

Needy / free

Monday - Friday
11:00 am - 1:00 pm

HOUSING

Transitional Housing Program - Plus (THP -Plus)

The THP-Plus supportive housing program serves former foster and probation youth between the ages of 18-24 who were in out of home care on their 18th birthday.

In the program, participants secure independent housing within the community, and meet regularly with their THP-Plus coordinator to work on independent living goals.

Throughout this process, participants receive financial assistance, emotional support, and life skills coaching. Through delivery of these services in a real life environment, we seek to promote the self-confidence and financial stability necessary for youth to succeed in independent living.

What can you gain from participation in THP-Plus?

- ◆ Educational planning
- ◆ Career development
- ◆ Vocational training
- ◆ Housing stability
- ◆ Household management
- ◆ Budgeting
- ◆ Money management skills
- ◆ Building and maintaining a savings account
- ◆ Communication and interpersonal relationship skills
- ◆ Stress management
- ◆ Wellness & healthy living
- ◆ Access to community resources
- ◆ Self-development
- ◆ Successful independence!

In addition to regular meetings with a case coordinator and financial incentives, the THP-Plus program also connects participants with other resources in the community such as:

- ◆ Job programs
- ◆ Mental health services
- ◆ Food resources
- ◆ Educational opportunities
- ◆ Substance abuse services

Referrals, Applications, & Eligibility

Referrals can be initiated by:

- ◆ Social worker
- ◆ Probation officer
- ◆ ILP coordinator
- ◆ Self

After completing and submitting a written application, applicants participate in an interview.

Successful applicants have a source of income and are usually:

- ◆ Employed full-time
- ◆ Enrolled in a college or vocational institution with full-time status and financial aid
- ◆ Employed and attending school with financial aid

For more information contact:

Susan Paradise
290 Pioneer Street
Santa Cruz, CA 95060
831.459.0444 ext. 202

Email: susan.paradise@scccc.org

HOUSING

General Assistance Services

Organization

Central Coast Energy Services
888.728.3637
www.energyservices.org

Housing Choices Coalition
133 Mission Street Suite 100
831.457.1506

**Salvation Army, Santa Cruz Corps
Community Center**
721 Laurel Street
831.426.8365
www.tsagoldenstate.org

Santa Cruz Housing Authority
2931 Mission Avenue
831.454.9455
www.hacosantacruz.org

The Shelter Project
501 Soquel Avenue Suite E
831.457.0511

St. Vincent de Paul
210 High Street
831.423.0878

Provides payment assistance with home energy bills and the California Alternative Rates for Energy (CARE) is a discount rate program offered by PG&E which gives eligible low-income households a 20% discount on their energy bill.

Creates quality, affordable housing options

Provides food, PG&E utility bill payment assistance, and clothing on an emergency basis as funds allow.

Helps low and moderate-income residents with housing

Operates five services for homeless people or to avoid homelessness.

Provides emergency assistance to people in need including rent and utility assistance, groceries, clothing, furniture, household items, medical prescription, and more as funds allow.

Eligibility

Must meet low income guidelines

People with developmental disabilities

Open to all in need

Based on income

Varies for each program. Call for information

Open to all



7. COMMUNITY SUPPORT SERVICES

Medi-Cal.....46

Medi-Cruz.....47

Unemployment Insurance.....48

Food Stamps.....49

Medi-Cal

What is Medi-Cal?

Medi-Cal is a program that provides health coverage for low income families and aged, blind, or disabled individuals. Benefits may include doctor visits, hospitalization, prenatal care, immunizations, prescription coverage, and dental services.

If you have questions, contact
Santa Cruz County Human Services Dept
1020 Emeline Avenue in Santa Cruz
831.454.4131
831.763.8500 in Watsonville

How can Medi-Cal help me?

The Medi-Cal program assists Californians in various family and medical situations. When you apply, the information you provide on your Medi-Cal application and any required verification will be used to determine which program(s) you qualify for, and which program is best for you and your family.

How do I qualify?

You may automatically be eligible for Medi-Cal if you receive cash assistance under one of the following programs:

- SSI/SSP (Supplemental Security Income / State Supplemental Program)
- CALWORKS
- Refugee Assistance
- Foster Care or Adoption Assistance Program
- If you were in Foster Care on your 18th birthday

How do I apply for Medi-Cal?

Call or visit the Santa Cruz County Human Services Department on Emeline Street and ask for a Medi-Cal application

If you get SSI/SSP payments, your Social Security administration office automatically sets up Medi-Cal for you.

If you get CALWORKS payments, the County social services agency automatically sets up Medi-Cal for you.

Do I have to pay for Medi-Cal?

It depends. If your income is less than Medi-Cal limits for your family size, you will receive Medi-Cal services at no cost to you. Refer to All County Welfare Directors letter (ACWDL) to view the income limit chart.

What if I'm pregnant?

Many health care providers can offer you immediate, temporary, pregnancy related Medi-Cal services under a program called Presumptive Eligibility for Pregnant Women. If you are pregnant ask if your health care provider participates in this program. For more information call toll free:

1.800.824.0088

What if I am disabled?

If you feel you are disabled, tell us on your Medi-Cal application and let your eligibility worker know this when you mail in your application. There are certain criteria you must meet to receive Medi-Cal on the basis of disability. You have severe physical and/or mental problems, which will last at least 12 months and keep you from working during those 12 months, or possibly result in death.

You must prove your disability. Proof may involve obtaining medical records, tests, and other medical findings.

For more information, visit the web site:
<http://www.medi-cal.ca.gov>

Medi-Cruz

What is Medi-Cruz?

Medi-Cruz is a county operated health care program that helps low income residents of Santa Cruz County without health insurance get the health care services they need.

What services are offered?

Medi-Cruz covers primary and specialist doctor visits, ancillary services like laboratory and x-rays, pharmaceuticals, home health, medical equipment and supplies, and hospital inpatient and outpatient services including emergency care.

How do I qualify?

You must be a resident of the County of Santa Cruz. You must have a current medical need that is covered by the program. Your income and resources must be within limits specified by the County. Health insurance or Medi-Cal must not be available to cover the needed services. Eligibility workers will require verification of information provided during the eligibility interview.

What is the difference between Medi-Cruz and Medi-Cal?

Medi-Cal is a statewide program to provide health coverage to people eligible for welfare benefits. It is also for people who are pregnant, under 21, or over 65, blind, or disabled.

Medi-Cruz is a local program to assist low income individuals not eligible for Medi-Cal.

Who can be covered?

Generally, adults age 21 to 64, who are not eligible for the Medi-Cal program. Those who are not enrolled for Medi-Cal due to immigration issues or are only eligible for limited-scope Medi-Cal may also qualify for Medi-Cruz

Is there an income limit?

Medi-Cruz utilizes the basic Medi-Cal regulations To determine monthly share-of-cost based on family size. Applicants with adjusted incomes over 200% of the Federal Poverty Income Guidelines are not eligible for Medi-Cruz.

How much does it cost?

Share-of-cost is determined on a monthly basis using the Medi-Cal regulations.

Do I have to be sick before I apply for Medi-Cruz?

You must have a medical need that is covered by Medi-Cruz before you will be placed on the program. Once your medical condition is resolved your eligibility will end until you have another covered medical need. There is no limit to the number of times you may be on Medi-Cruz.

How do I apply?

You can apply for Medi-Cruz at either of the two county operated health care clinics. Eligibility workers are available on a first come, first serve basis. You need to bring a legal identification, social security card, verification of income and property, and proof of county residence.

Santa Cruz Health Center
1080 Emeline Ave. Room 101

Eligibility Hours:

Monday through Friday

8:00—11:00 a.m.

12:30—4:30 p.m.

831.454.4070

Watsonville Health Center
9 Crestview Drive

Eligibility Hours:

Monday through Friday

8:00—11:30 a.m.

1:00—4:30 p.m.

831.763.8033

Unemployment Insurance

The Unemployment Insurance Program (UI) provides weekly unemployment insurance payments for workers who lose their job through no fault of their own. Eligibility for benefits requires that the claimant be able to work, be seeking work, and be willing to accept a suitable job.

CLAIMANT BENEFITS

The amount of benefits available is based on the claimant's earnings in the base period. To qualify for benefits in California, a claimant must have:

- ◆ Earned at least \$1,300 in the highest quarter of the base period
- ◆ Have earned at least \$900 in the highest quarter and earned total base period earnings of at least 1.25 times the high quarter earnings. For example, if the claimant has \$900 earnings in the highest quarter he/she is also required to have earned a total of \$1,125 in the base period ($\$900 \times 1.25 = \$1,125$).



CLAIMANT TAXES

Unemployment insurance is considered taxable income and must be reported as such on federal income tax forms. It is not considered taxable income for California state income tax purposes. Each January, the Employment Development Department (EDD) provides an annual statement to each individual setting forth benefits paid during the prior year.

FOR MORE INFORMATION

For further information, call EDD at:

English.....1.800.300.5616
Spanish.....1.800.326.8937
Cantonese.....1.800.547.3506
Mandarin.....1.866.303.0706
Vietnamese.....1.800.547.2058
TTY.....1.800.815.9387

Food Stamps

The food stamp program helps low income people buy nutritious food. The amount of food stamps a family receives is based on their household size and income

What can food stamp benefits be used to purchase?

- Foods for human consumption
- Seeds and plants to grow food for household use

What you cannot purchase with food stamp benefits

- Any non-food item such as pet food; soaps, paper products, household supplies; grooming items and cosmetics
 - Alcoholic beverages or tobacco products
 - Vitamins and medicines
 - Any food that will be eaten in the store*
 - Any food marketed to be heated in the store*
- Except as authorized in a county approved to operate a restaurant meals program.

What is the amount of food stamp benefits I will receive?

The amount of food stamp benefits a low-income person or family can receive is based on the U.S. Department of Agriculture's (USDA) Thrifty Food Plan. The plan estimates how much it costs to provide a household with nutritious, low-cost meals. The estimates are revised every year to keep pace with changes in food prices. The average amount of food stamp benefits received per household is about \$200 per month.

What is the California Food Assistance Program (CFAP)?

CFAP is a state funded program for legal permanent non-citizens residing in the U.S., and determined ineligible for federal food stamp benefits solely due to their immigration status.

Where do I go to apply for food stamp benefits?

There are over 240 food stamp offices in California operated by local county welfare departments. Low-income people may apply for food stamps at any office located in the county where they live. To learn more about local food stamp offices contact the Santa Cruz County Human Resources Agency:

831.454.4166 in Santa Cruz
831.763.8500 in Watsonville

If I am receiving SSI/SSP, can I also receive food stamp benefits?

If you are receiving SSI/SSP, you cannot receive food stamp benefits in California. However, your family may be eligible to receive food stamp benefits



8. HEALTH SERVICES

Alphabetical Listing.....51

HEALTH SERVICES

Clinica del Valle Del Pajaro

Provides primary care services
45 Nielson Street, Watsonville
831.761.1588

Coral Street Clinic - Homeless Persons' Health Project

Provides both urgent and primary care services
115 A Coral Street
831.454.2080

Darwin House

Social re-habilitation, 24-hour care for 15 adults with severe mental illness.
707 Darwin Street
831.457.9091

Dominican Hospital

Primary care services, emergency, and rehabilitation services
1555 Soquel Drive
831.462.7700

Elderday Adult Day Health Center

Adult day health services
100 Pioneer Street
831.458.3481

Health Projects Center

Services for caregivers of individuals with Alzheimer's, or other dementing illnesses/injuries
736 Chestnut Street #F
831.459.6639

Homeless Persons Health Project (HAS)

Assists homeless adults, youths, and families to gain access to primary health care services. Provides outreach, community based intake, health care consultation, assessment, referral, and case management services.
115-A Coral Street
831.454.2080

Hospice Caring

Services for individuals and their families in the last phase of their life.
940 Disc Drive, Scotts Valley
831.430.3000

Mental Health Client Action Network

Assists adults living with mental illness
1051 Cayuga Street
831.469.0462

Paloma House

Residential treatment program for clients with a dual diagnosis of serious mental illness and chemical dependency.
321 East Beach Street, Watsonville
831.722.6599

Planned Parenthood

Primary care services
1119 Pacific Avenue
831.426.5550
40 Penny Lane, Watsonville
831.724.7325

Santa Cruz County Mental Health

Mental health services for persons with serious mental illness or severe emotional disturbance
1400 Emeline Avenue
12 West Beach Street, Watsonville
800.952.2335

Santa Cruz Women's Health Center

Primary care services
250 Locust Street
831.427.3500

Santa Cruz Medical Foundation - Main Office

Primary care services, emergency, and rehabilitation services
2025 Soquel Avenue
831.423.4111



9. PARENTING & CHILDCARE



Parental Centers/Resources.....53

Community Centers.....54

Babies & Maternity.....55

PARENTING & CHILDCARE

Parent Center

530 Soquel Avenue
831.426.7322
255 East Lake Avenue Watsonville
831.728.6445

Parental Stress Hotline

Over the phone, confidential counseling for parents.
530 Soquel Avenue
831.426.7322
255 East Lake Avenue Watsonville
831.728.2879



An on-line guide to Santa Cruz family resources

Find a directory of [Local Resources](#), playgroups, [Events Calendar](#), activities and parent tips for pregnancy through teen years. Use the [Parent Chat](#) to connect with other parents. Buy and sell children's items and find babysitters in the free [Classified](#) section. Use the [Local Perks](#) to take advantage of great discounts. Use the [Parent Planner](#) to research party options, plan your weekends, or organize playgroups.



www2.ucsc.edu/wmcenter/childCare.html

On Campus

Children's Center Child Development Program / Infant & Toddler Program

Serves children of low-income student families aged 3 months - 5 years. Fully and partially subsidized spaces
831.459.2967

Granary Child Development Center

Serves children of low-income student families aged 2 1/2 - 5 years. Fully and partially subsidized spaces
831.426.3831

Off Campus

Child Care Switchboard

Free referrals to licensed care homes, child care centers, preschools, recreation programs, care job opportunities. Listing of child care rates and programs.

809-H Bay Avenue
831.476.8585

Family Health, Education Center

Parent and toddler play groups. Mothers and babies group, childbirth classes (Spanish & English), siblings play group (age 0 - 5/6). Support group for Spanish speaking families.

323 La Fonda Avenue

PARENTING & CHILDCARE

SCCCC Child and Family Development Programs (CFDP)

408 East Lake Avenue, Watsonville

831.688.3802



PROGRAMS

Head Start

Free services include early childhood education; parent education; health & dental screening; parent involvement; social services, nutrition and developmental assessments; resources and referrals for families.

Early Head Start

Services include quality early education in and out of the home; parent education, including parent-child activities; comprehensive health services, including services to women before, during, and after pregnancies.

Families Together

An innovative child and family development program providing home-based services to families. The overall goal is to reduce the number of re-referrals to Child Welfare Services by improving child and family well being.

PAPÁS

Supporting Father Involvement (SFI) is a state funded research project which offers parent groups and social activities designed to strengthen the father-child bond, increase father-child relationships, and promote the roles of fathers in the lives of their young children.

State Preschool Literacy

A half day preschool program funded by the State Department of Education. The program offers two preschool classes in Watsonville for 4 year olds where children receive comprehensive services to ensure school readiness.

SERVICES

Children With Disabilities

Head Start and Early Head Start Staff work with local school districts to develop Individual Education Plans (IEPs) for preschool children and Individual Family Service Plans (IFSPs) for children under 3 years of age. These plans comply with requirements of the Individuals with Disabilities Act. In everyday teaching IEPs and IFSPs are tools used to plan appropriate learning activities for children with special needs, incorporating the following guidelines:

- ◆ Accessibility
- ◆ Advocacy
- ◆ Assessment Screening
- ◆ Individualization
- ◆ Transition

Home Visiting

All CFDP programs offer home visits to provide social services, and in the child development programs to support the parental role in children's healthy development. CFDP's home visiting program incorporates the following characteristics and service rationales:

- ◆ Voluntary
- ◆ Family focused
- ◆ Respect for diversity
- ◆ Connection to other community services
- ◆ Promote preventative health care
- ◆ Limited caseloads
- ◆ Well-trained staff
- ◆ Ongoing supervision

PARENTING & CHILDCARE



The Safely Surrendered Baby Law

<http://www.babysafe.ca.gov>

Permits the parent(s) or surrendering person to safely and confidentially surrender a baby within three days of birth.

- ◆ Provides a safe place for babies.
- ◆ Protects the parent(s) or surrendering person from prosecution for child abandonment.
- ◆ Does not require that names be given when the baby is surrendered.
- ◆ Allows the parent(s) or surrendering person at least 14 days to reclaim the baby

Allows an individual to surrender a baby to any of these safe surrender sites or any place with above symbol:

- ◆ Hospitals or Medical Clinics
- ◆ Planned Parenthood



Dedicated to helping women find positive solutions for themselves and their children, before and after birth. Services include:
pre and post natal care * Parenting and living skills development * referrals for education & vocational training * referrals for individual counseling & group support * support & counseling for women considering the adoption alternative
* guidance in baby care, breast feeding, & nutrition

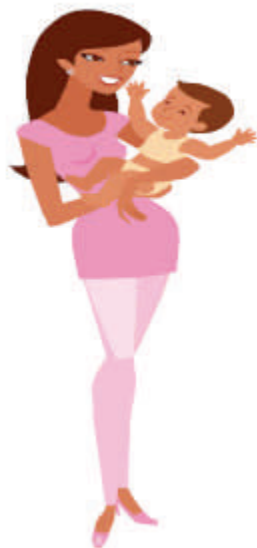
108 High Street

831.425.2229

www.sienahouse.org



Mom's Group!



This is a great place to bring your children to gain knowledge and support from other Independent Living Program participants and staff!

The office is located at 290 Pioneer Street in Santa Cruz

Questions?

Katie Corliss

459.0444 ext. 217

- Or -

Vic Campbell

459.0444 ext. 210

If you need a ride, contact your ILP coordinator 24 hours in advance





10. LEGAL ASSISTANCE & ADVICE

Watsonville Law Center.....	58
SCC Immigration Project.....	59
Legal Self-Help Center.....	60

LEGAL ASSISTANCE & ADVICE

The Watsonville Law Center

The Watsonville Law Center provides free legal services to low-income individuals. They advise clients with legal questions about workers' compensation, wage claims, consumer fraud, debt and credit issues, criminal record clearance, child custody and visitation, and access to small claims court



For other legal issues, The Watsonville Law Center refers individuals to other legal resources in the community.

All services are available in English and Spanish.

To ask for a clinic appointment or obtain referral information, please call The Watsonville Law Center:

831.722.2845
9:00 a.m.—5:00 p.m.
Monday through Friday

LEGAL ASSISTANCE & ADVICE

Santa Cruz County Immigration Project

The Santa Cruz County Immigration Project provides immigration legal services including naturalization, appeals, waivers, information & referral and community education & advocacy for persons legalizing under IRCA & related immigration programs.



Program Director: Douglas Keegan
406 Main Street, Suite 217,
Watsonville, CA 95076
Tel: 831/724-5667
Fax: 831/724-3447
e-mail: sccip@cabinc.org

Santa Cruz Legal Referral Service

831.425.4755

Will match you up with an Attorney for a \$35 legal consultation = 1/2hour consultation

On-line legal and court resources:

www.courtinfo.ca.gov

<http://www.sucorte.ca.gov>

LEGAL ASSISTANCE & ADVICE

California Courts Self-Help Center

The California Courts Self-Help Center is an on-line resource that will help you find assistance and information, work better with an attorney, and represent you in some legal matters.



**Free and Low Cost
Legal Help & Advice**



Traffic
Traffic Information [more]



Small Claims
Basics, Collecting your
Judgment [more]



Protection from Abuse
Domestic Violence, Civil
Harassment [more]



Families & Children
Divorce, Support,
Guardianship [more]



Languages
Spanish, Chinese,
Korean [more]

www.courtinfo.ca.gov/selfhelp/

Women's Lawyers of Santa Cruz

Provides a useful directory of attorneys by specialty

Contact person:
Email :

Joyce Nordquist
jdnjd@cruzio.com

California Rural Legal Assistance

Information on landlord/tenant rights, public benefits, welfare, unemployment, Medical, and small claims disputes.

Santa Cruz:: **831.458.1089**
Watsonville: **831.724.2253**



11. FOOD & NUTRITION



Emergency Food Services.....62

Daily Fruit & Vegetable Intake.....63

FOOD & NUTRITION

Emergency Food Services



NEED FOOD?

Community Food Hotline
Monday - Friday 9 am to 5 pm
662.0991

USDA DISTRIBUTION SITES

DAVENPORT

Davenport resource Center
100 Church Street
Across from St. Vincent de Paul
Marc Wennberg
425.8115

WATSONVILLE

Second Harvest Food Bank
15 Errington Road
Daniel Reyes
722.7110

SANTA CRUZ

Christian Life Center
1009 Mission Street
Between Walnut & Laurel
Marlissa Quiroz-McGranahan
465.1478

MID-COUNTY

Harbor Light & East Cliff Village
2008 17th Avenue
Between Rodriguez & Capitola Road
Rev. Charles Tuck
475.7763

BEN LOMOND

Valley Churches United
9430 Love Creek Road
Across from Ben Lomond Market

FOOD & NUTRITION

How Many Cups Do You Need?

Fruit & Veggie Daily Intake

The amount of fruits and vegetables your family needs daily depends on caloric needs, which are determined by age, gender, and activity level. Given the abundant variety and multiple product forms from which to choose, eating the recommended amount is easier than you think! Every step taken toward eating more fruits and vegetables helps your family be at their best.

FRUIT & VEGGIE DAILY INTAKE

Women			
	Age	Fruits (cups)	Veggies (cups)
Less Active	19-30	1 1/2	2 1/2
	31-50	1 1/2	2 1/2
	51 +	1 1/2	2
Moderately Active	19-50	2	3
	51 +	1 1/2	2 1/2
Active	19-50	2	3
	51 +	2	3

Men			
	Age	Fruits (cups)	Veggies (cups)
Less Active	19-50	2	3 1/2
	51 +	2	3
Moderately Active	19-30	2	3 1/2
	51 +	2	3 1/2
Active	19-30	2 1/2	4
	31-50	2 1/2	4
	51 +	2 1/2	3 1/2

Girls			
	Age	Fruits (cups)	Veggies (cups)
Less Active	2-3	1	1
	4-8	1	1 1/2
	9-13	1 1/2	2
	14-18	1 1/2	2 1/2
Moderately Active	2-3	1	1 1/2
	4-8	1 1/2	2
	9-13	1 1/2	2 1/2
	14-18	2	2 1/2
Active	2-3	1	1 1/2
	4-8	1 1/2	1 1/2
	9-13	1 1/2	3
	14-18	2	3

Boys			
	Age	Fruits (cups)	Veggies (cups)
Less Active	2-3	1	1
	4-8	1	1 1/2
	9-13	1 1/2	2 1/2
	14-18	2	3
Moderately Active	2-3	1	1 1/2
	4-8	1 1/2	2
	9-13	1 1/2	3
	14-18	2	3 1/2
Active	2-3	1	1 1/2
	4-8	1 1/2	2 1/2
	9-13	2	3 1/2
	14-18	2 1/2	4

FOOD & NUTRITION

How Much is a Cup?

Eating the recommended amounts of fruits and veggies is easy since all product forms count: fresh, frozen, canned, dried, and 100% juice.

1 Cup



1 Large Banana



1 Medium Grapefruit



8 Large Strawberries



12 Baby Carrots



1 Medium Potato



1 Large Sweet Potato



1 Large Ear of Corn

1/2 Cup



5 Broccoli Florets



6 Baby Carrots



1/2 Medium Grapefruit



4 Large Strawberries



1 Medium Cantaloupe Wedge



16 Grapes



1 Large plum





12. MONEY MATTERS

Local Bank Listings.....66

Getting a Copy of Your Credit Report.....67

MONEY MATTERS

Local Banks & Credit Unions

Bank of America

Santa Cruz: 104 River Street
1640 Mission Street
457.3560

Bank of the West

Capitola: 3820 Capitola Rd **426.0100**
Santa Cruz: 2020 N. Pacific Ave **429.1124**

Bay Federal Credit Union

Aptos: 105 Post Office Drive
Capitola: 228 Clares Street
Freedom: 2028 Freedom Blvd.
Santa Cruz: 420 River Street
Watsonville: 1481 Main Street
479.6000

Coast Commercial Bank

Aptos: 775 Soquel Drive
Capitola: 1850 41st Avenue
Santa Cruz: 75 River Street
1975 Soquel Drive
Scotts Valley: 203 Mt. Herman Road
Watsonville: 1055 Green Valley Road
458.4500

Comerica Bank

Aptos: 30 Ranch Del Mar **688.4159**
Capitola: 1960 41st Avenue **462.4381**
Santa Cruz: 25 River Street **460.1700**
1237 Soquel Drive **457.1071**
Scotts Valley: 228 Mt. Herman Rd **430.0782**
Watsonville: 1998 Main Street **768.1383**

Santa Cruz Community Credit Union

Santa Cruz: 324 Front Street **425.7708**
Watsonville: 25 E. Beach Street **786.1970**
1428 Freedom Blvd. **786.1970**

Santa Cruz County Bank

Aptos: 783 Rio Del Mar Blvd. **685.1283**
Santa Cruz: 325 Soquel Avenue **457.5000**
Scotts Valley: 4604 Scotts Valley Dr. **461.5000**
Watsonville: 595 Auto Center Dr. **761.7600**

US Bank

Aptos: 783 Rio Del Mar Blvd. **688.7111**
Santa Cruz: 110 Morrissey Blvd. **425.1222**
Soquel: 2650 41st Avenue **462.8016**
(Safeway Office)
Watsonville: 210 Freedom Blvd. **786.1330**
(Safeway Office)

Washington Mutual

Aptos: 7851 Soquel Drive **688.1961**
Capitola: 1990 41st Avenue **476.6811**
Santa Cruz: 530 Front Street **466.4400**
730 Ocean Street **427.0532**
Scotts Valley: 247 Mt. Herman Rd **438.1715**
Watsonville: 630 Main Street **722.3354**

Wells Fargo

Aptos: 7701 Soquel Drive **800.869.3557**
Capitola: 1700 41st Avenue **462.1832**
Felton: 6255 Graham Hill Rd **335.6340**
Santa Cruz: 74 River Street **469.3525**
Scotts Valley: 253 Mt. Herman Rd **461.0153**
Watsonville: 326 Main Street **724.8684**
1501 Freedom Blvd. **724.6090**

MONEY MATTERS

How to Get a Copy of Your Credit Report

Your credit report contains information about how you have paid your debts. Companies called *credit bureaus* collect the information about your credit transactions from your creditors, employers, and public records. Three major credit bureaus are called Equifax, Experian, and Trans Union.

Normally, you have to pay a small fee for every credit report you request, but there are some cases where you can get them free of charge.

To get a complete idea of what's in your credit report you need to request a copy from all three credit bureaus. You will need to include the following information

- ◆ Your full name (including Jr., Sr., III)
- ◆ If you're married, your spouse's first name
- ◆ Your addresses for the past 5 years, including ZIP codes
- ◆ Your Social Security number
- ◆ Your date of birth
- ◆

To get copies of your credit report you can send the above information through the mail, call the toll-free numbers, or go on-line.

EQUIFAX

Equifax Information Service Center

P.O. Box 740241
Atlanta, GA 30374-0241
1.800.685.1111

<http://www.equifax.com>



Experian Nation Consumer Assistance Center

P.O. Box 949
Allen, TX 75013-2104
1.888.397.3742

<http://www.experian.com>



Trans Union Corporate Consumer Disclosure Center

P.O. Box 390
Springfield, PA 19064-0390
1.888.4213

<http://www.transunion.com>



13. RECREATION



Teen Centers & Swimming.....69

Community Centers.....70

RECREATION

Teen Centers & Swimming

Santa Cruz Teen Center

125 Laurel St, Santa Cruz

831.420.6235

Safe space for teens to chill out, free internet use, Wii, Xbox,, PS2, movies, music, foosball etc.

www.myspace.com/santacruzteencenter

Simpkins Swim Center

979 7th Ave, Santa Cruz

831.454.7946

Swim Lessons, open swimming, water aerobics, lifeguard training,, adult fitness

http://www.scparks.com/simpkins_home.html



Harvey West Swimming Pool

323 Church St, Santa Cruz

831.420.6140

<http://www.friendsofharveywestpool.org/index.html>

Harvey West Swimming Pool



Santa Cruz Diversity Center

1117 Soquel Dr, Santa Cruz

831.425.5422

<http://www.diversitycenter.org/>



<http://www.ci.santa-cruz.ca.us/pr/parksrec/>

RECREATION

Community Centers



Louden Nelson Community Center

301 Center Street
831.420.6177

Special Events * Room Rentals * Theater
* Classes * Hallway Gallery *
Community Children's Center

www.ci.santa-cruz.ca.us/pr/nelson

Open 9 am - 9:30pm Monday -Saturday
Closed on Sundays

Beach Flats Community Center

Provides programming that is flexible and continually responsive to emerging family and community needs.

Bilingual and bicultural.

133 Leibrandt Avenue
831.420.6125

Open daily; call for an appointment



Bike Park

35 Pacific Avenue
Across the street from the entrance to the Santa Cruz Municipal Wharf

Open daily 9 am to Sunset

RECREATION



Callaghan Park Cultural Center

225 Sudden Street

Office Hours: M - F 9am - 6pm Sat 11am - 6pm

Recreation Hours: M - F 3pm - 6pm Sat 11am - 4pm

831.728.6084 * Marisol Jimenez



Muzzio Community Center

26 W. Front Street

Recreation Hours: Tuesdays and Fridays

831.763.9085 * Yasmin Magaña



Marinovich Community Center

120 Second Street

Office Hours: M - F 8am - 5pm

831.768.3250 * Jessica Snachez



Ramsay Park Family Center

1301 Main Street

Office Hours: M - F 8am - 5pm

Recreation Hours: M - F 3pm - 8pm Sat 11am - 4pm

831.768.3270 * Imelda Negrete



Vetran's Memorial Building

215 E. Beach Street

Office Hours: M - F 8am - 5pm

831.768.3260 * Jaime Jimenez



Gene Hoularis & Waldo Rodriguez Youth Center

30 Maple Avenue

Office Hours: M - F 8am - 5pm

Recreation Hours: M - F 3pm - 8pm Sat 11am - 4pm

831.768.3240 * Isreal Tirado



14. LGBTQ RESOURCES



Groups, Support, & Social Activities.....73

LGBTQ RESOURCES

Groups, Support, and Social Activities for LGBTQ Youth

Parents and Friends of Lesbians and Gays (PFLAG), Santa Cruz County Chapter
PMB 222, 849 Almar, Suite C, Santa Cruz, CA 95060
(831) 662-4780

This group provides support, education and advocacy for parents, family and friends of gays, lesbians, and bisexuals, as well as for gays, lesbians and bisexuals themselves. The group especially welcomes youth. Free. Call for meeting times and locations.

Proud Voices, Equinox
755 Cedar St., Santa Cruz, CA 95060
(831) 457-1441

Proud Voices is a peer group for people ages 24 and under that is facilitated by licensed social workers. Equinox provides a safe, supportive, and non-judgmental place where gay, lesbian, bisexual, and questioning youth can be out and discuss issues they face. Call for meeting times. Free.



Temple Bethel
3055 Porter Gulch Rd., Aptos, CA 95003
(831) 479-3444

The temple hosts a social support group for gays and lesbians, "Twice Blessed." Call for meeting times. Free.

LGBTQ RESOURCES

Groups, Support, and Social Activities for LGBTQ Youth

Gay and Lesbian Alliance Against Defamation (GLAAD)



<http://www.glaad.org>

Santa Cruz Diversity Center

1117 Soquel Dr, Santa Cruz

831.425.5422

Daily Walk-in Hours

- Monday - Friday: 12:00 - 6:30pm
- **Saturday:** Noon - 5pm
- **Sunday:** Noon - 3pm (every other Sunday)



<http://www.diversitycenter.org/>

Affirmation: Gay and Lesbian Mormons

<http://www.affirmation.org/>



15. MISCELLANEOUS INFO



On-line Resources / SCC ILSP.....76

MISCELLANEOUS INFORMATION

On-line Resources / Santa Cruz ILSP

<http://www.thelocaldownload.com>

Local online resource, blog for youth and young adults.

<http://groups.google.com/group/santa-cruz-alternative-ed-career-center>

Santa Cruz County Alternative Education Programs Website / Resources

www.thebeatwithin.org

Art, writings & resources

www.shoutoutnews.org

Local publication by and for Teens

Casey Life Skills

<http://www.caseylifeskills.org>

Provides a variety of resources to help prepare youths for living on their own.

The Foster Club

<http://www.fosterclub.com>

Created specifically for foster kids. The site features helpful articles on the process of transitioning to independence.

Independent Living Resources

<http://www.ilrinc.com>

Provides a variety of resources on independent living topics and developing life skills.

[Santa Cruz County Independent Living Skills Program](#)

Susan Paradise, ILP Program Manager

831.459.0444X202

290 Pioneer St, Santa Cruz, CA 95060

susan.paradise@scccc.org

MISCELLANEOUS INFORMATION

On-line Resources / Email

How to Sign Up for a Free Email Account

There are several companies who offer free email services; the two most common are Yahoo and Google.

YAHOO! MAIL <http://mail.yahoo.com>

or

<http://mail.yahoo.com>



Both sites are free and easy to use, To get started you fill out an on-line form and are asked to pick a user name (which will be used as your email address) and password.

After successfully creating your account, you will be able to access email messages no matter where you are.



COUNTY OF SANTA CRUZ PROBATION DEPARTMENT

GIRLZPACE OF SANTA CRUZ COUNTY



A PROJECT OF THE
ANNIE E. CASEY
FOUNDATION

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